

Introduction to Infant Massage

PEDIATRIC MASSAGE THERAPY & INSTRUCTION IN EACH SESSION



INTRODUCTION TO INFANT MASSAGE PACKAGE

Registered Pediatric Massage & Instruction
(3 weeks to 3 years old)

30 minutes \$65 per child*

Includes:

15 min Registered Massage

(performed by Ana Kordic RMT)

15 min Customized Massage Instruction

(performed by Parent/Caregiver)

First appointment includes a FREE Consultation
(Required for all new clients. Approx. 10 min.)

Plus receive a complimentary bottle of
Cold-Pressed Organic Massage Oil

***Required forms available
Online and at Reception**

(647) 233-2569

SUNSTONEMASSAGE.COM

akordic.rmt@gmail.com

BENEFITS OF INFANT MASSAGE

- ▶ BONDING, ATTACHMENT, RESPECT and TRUST.
- ▶ IMPROVED SLEEP for Everyone!
- ▶ SPECIAL TIME to LEARN & UNDERSTAND YOUR BABY
- ▶ CONNECTING WITH OTHER CAREGIVERS
- ▶ INCREASE CONFIDENCE IN CARING FOR BABY
- ▶ SPECIAL TIME FOR SIBLINGS TO HAVE A BONDING ACTIVITY WITH BABY
- ▶ PROMOTES RELEASE OF NURTURING HORMONES
- ▶ DEVELOPS HEALTHY TOUCH UNDERSTANDING AND PROMOTES HEALTHY BOUNDARIES AS CHILD GROWS.
- ▶ IMPROVES IN SENSORY AWARENESS
- ▶ IMPROVES IN WEIGHT GAIN
- ▶ NEUROLOGICAL DEVELOPMENT IS ENHANCED
- ▶ DECREASE ANXIETY AND STRESS IN YOURSELF AND YOUR CHILD.
- ▶ IMPROVED MUSCLE TONE
- ▶ IMPROVED RESPIRATORY FUNCTION

Vaughan Saturdays and Sundays

21 Roysun Rd. Unit#16

Woodbridge, ON

(Hwy #7 and Martingrove)

North York Monday to Friday

121 Willowdale Ave Suite #302

North York, ON

(Yonge & Sheppard)